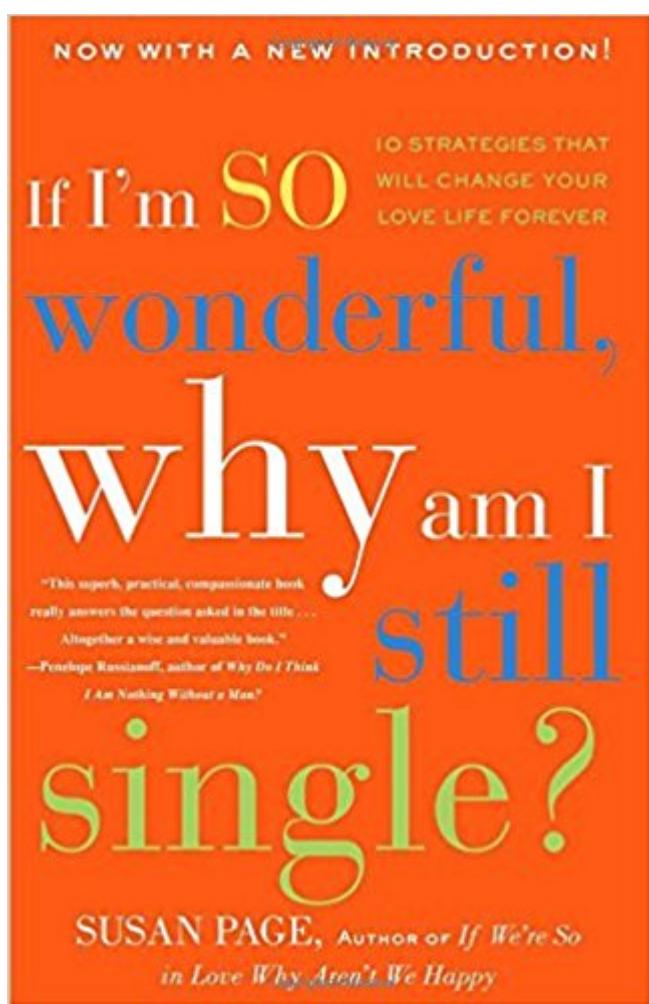


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# If I'm So Wonderful, Why Am I Still Single?: Ten Strategies That Will Change Your Love Life Forever



## Synopsis

Susan Page's best-selling relationship book has been translated into 18 languages, is being read in more than 25 countries, and its mass-market edition has sold more than 158,000 copies. At the heart of this book are Page's famed 10 strategies for readers to better self-understanding and ultimately a fulfilling relationship. Filled with revealing anecdotes, case studies, and quizzes, the book's down-to-earth guidance will appeal to everyone who devoured books like Mars and Venus on a Date and Getting the Love You Want, and anyone who wants a fulfilling intimate relationship. "Behold a wonder—a romantic self-help book that is intelligent, upbeat, practical, useful, winning, and even wise." —Kirkus Reviews

## Book Information

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## Customer Reviews

Former director of women's programs at UC Berkeley, Page now conducts singles workshops for both sexes. Men and women who want permanent partners will benefit from her "10 strategies that will change your love life forever," as set forth in this engaging guide. The advice is illustrated by case histories of Page's clients, whose progress toward emotional fulfillment is described in their own words. Also detailed are stories of failed relationships and their causes. Each chapter contains an experiment designed to teach readers why they may be losing at love by clinging to partners who won't commit themselves; rejecting or showing ambivalence to promising mates, etc. The primary lesson to be gleaned here is that choosing a mate for life means knowing yourself first and recognizing a person with similar standards; not settling for less. An appendix gives tips on running a singles support group. 50,000 first printing; \$50,000 ad/promo; first serial to *Cosmopolitan*, Self

and Glamour; Literary Guild and Doubleday Book Club alternates. Copyright 1988 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

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Haha - I can't believe I ever needed a book with that title. Ah well, live and learn and move on. Anyway, I recommend this for all the males out there who think women have to date them in order for them to feel valid. You know, like that wacko who murdered those college students in CA and then committed suicide. He had the same stupid idea, that since he was "Mr. Wonderful" then all the women out there should be licking his, erm, "toes." Anyway, bottom line is, you can be totally hot and have other people not want to date you and still be hot. It's ok. They don't have to and it doesn't make you less of a person.

This well-written book gave me insight into my own issues with intimacy and defining what I really want in a relationship, in a very sympathetic and relatable way.

This book is about understanding the failures of singles perception about dating and finding a date. It does a good job, but the book title is slightly misleading, and I'll explain why I think this is. Susan Page walks through a lot of different scenarios about why couples either can not find love or can not maintain it, and throughout all of it, never goes into a whole lot of depth. She stays very broad on each of the topics (I understand depth would be difficult in this subject matter because who can say what someone really feels when you don't know someone). At the very end, she addresses a topic that I think the book's title addresses more directly than any of the single's misperceptions - anxiety about finding someone to love. That topic at the end was in it of itself a subject of content for another entire book, but Susan dismisses it with something along the lines of "ease of mind comes

in time". I think that all singles find that this is a difficult matter to resolve, and it would have helped if Susan had more to offer about this. Other than that, while I don't think the book was written with a psychiatrist/counselor's precision in explaining the failure stereotypes, I think that Susan definitely did a good job with her book.

Great read! Really helps you focus if you want to turn your love life around!

This book led me in the direction to find "Mr. Right". I'm now very happily married with 2 kids. I would highly recommend this if you are single and not able to find "Mr. Right".

Life changing book! This has helped me look at relationships differently and increased my confidence about my love life. I have already told several of my friends to buy this book. The only downside of this book is when she randomly talked about HIV/AIDS and single people. That was weird.

I am extraordinary thankful for this book, and it is a hidden gem. Although the book is written about dating and your love-life, it has helped me re-evaluate how I'm living and prioritizing different aspects of my life. To truly benefit from this book, you've got to go through it slowly, to be honest, and to engage yourself in the exercises. The chapters on intimacy gaps and saying "yes" were ground breaking for me. This book prepared me to embrace and to move toward a healthy, intimate, loving relationship, and I found the love of my life/future spouse not long after I had digested this book. A great source of wisdom!

I love this book, it pushed me to find a man and I am in a healthy relationship now because of it and in love for the first time! :) I highly recommend to anyone who wants to find someone but may feel that they are unworthy of finding love. I never finished it but got about half way.

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